

**SALEM H.O.P.E.
Networking Breakfast Meeting**

**Thursday, March 8, 2007
9:00 A.M. Sharp**

To be held at:
**Boys & Girls Club of Greater Salem
13-15 Hawthorne Blvd., Salem, MA**

All social service agency representatives are welcome.
PLEASE RSVP ATTENDANCE TO ANN MARIE TANZELLA @ 978-744-0915

AGENDA

- 9:00 I. Welcome & Group Introductions – Salem H.O.P.E. Chair Jennifer Buchanan
- 9:05 II. Agency Welcome - Ann Marie Tanzella, Director
- 9:20 III. Information Exchange - All attendees present - 1 minute per agency please
Bring any new brochures!
- 9:55 V. 50th Salem H.O.P.E. Newsletter (to be issued in May)
*Bring in your announcements, job postings, event notices, articles etc.
for May, June, July, August & September
or e-mail them to jguy@salem.com - Deadline 5/3/07*
- VI. Next meeting dates (tentative):
*Thursday, June 14, 2007 - Morgan Memorial Goodwill Industries
Thursday, September 13, 2007 - Seeking host agency*

Networking & Refreshments

Salem H.O.P.E.

Human Organization Partnership Effort



Newsletter Number 49

~ A newsletter for social service agencies ~

February, 2007

Winter Meeting Hosted by Salem YMCA

The Salem YMCA hosted the December, 2006 Salem HOPE meeting. Representing the agency was Debbie Amaral, Director. Present were Jane Guy, City of Salem DPCD, Roz Hurwitz of Goodwill Industries, Jane Williamson and Robin Kellett of MA Rehabilitation Commission, Kathy Perrella of N.S. Elder Services, Christina Jordan of Project Bread, Yhanna Coffin and Jill Elashkor of MediClerk/Wellspring House, Fred Davis of the Plummer Home, Anilza Arias of Salem District Court Probation, Lee Hartmann of NSCAP, and Kim Boyd Alford of Citizens for Adequate Housing.

Ms. Amaral welcomed the group into the new Teen Center, which is used by middle and high school students. She described the 21st Century Learning Program for high school students who come down to do homework as well as hands on activities in reading and composition. She stated that snacks with high fat content have been removed from the vending machines and there is no soda sold. They also provide life skills classes. With a Salem YMCA membership, they get free use of the building if they come in at least 2 days per week.

Ms. Amaral stated that the YMCA was established in 1858, 1898 in this location. They are part of the YMCA of the North Shore. They give away approximately \$200,000 in services annually, predominantly in child care. The North Shore Children's Museum moved into the building a couple of years ago. There are 8 full time and 90 part time staff. They received 110,000 visits per year from members. They also provide summer camp.

Ms. Hurwitz stated that she is a placement specialist with Goodwill Industries. They provide vocational training and also do subcontracting work such as mailings, packaging and assembly. Some clients are sent to worksites. They also have a Goodwill Fresh Air Camp with fees on a sliding scale. Computer classes are also provided.

Ms. Williamson stated that MA Rehabilitation Commission assists people with disabilities in vocational career training, placement and testing.

Ms. Arias of the Salem District Court stated that she is preparing feminine goody bags for women staying at the Salem Mission.

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- *Salem YMCA Programs & Services*
- *Project Bread's Massachusetts Child Hunger Initiative*
- *Free MediClerk Training Program*
- *Anchor to Windward Moves to Salem*
- *Meetings, Etc.*
- *Food Pantries for Salem Residents Calendar, Rev. 1/26/07 (English/Spanish)*

Ms. Kellet stated that MA Rehabilitation Commission provides homemaking services for adults in order to keep people living independently in their home.

Ms. Alford stated that Inn Transitions provides services for families who are in sobriety. They help find employment and housing, provide training and school assistance and help people obtain GED's.

Ms. Hartmann stated that NSCAP provides fuel assistance (even if heat is included in the rent), housing assistance, HIV housing assistance, ESOL, Salem Cyberspace, home care for the elderly and advocacy.

Ms. Perrella stated that North Shore Elder Services is an area agency on aging to help with elderly issues. They have a family caregiver program. They also are running a non-profit store on the second floor, selling gift baskets. It is open until 2:00 pm Monday-Friday and Saturday until 4:00 pm.

Mr. Davis stated that the Plummer Home on Winter Island was founded by Caroline Emmerton for children who have been abandoned or brutalized. They are trying to do strategic planning on how to use its resources better. They are looking to collaborate with other agencies to work together toward a single objective.

Ms. Elashkor stated that she is the Program Coordinator for MediClerk, which trains women in various skills through a partnership with the North Shore Medical Center and City of Salem. The course includes keyboarding, Word, Excel and professional communication. They provide 3 training cycles per year.

Ms. Coffin spoke about the MediClerk Program's eligibility requirements. She noted that the Wellspring House is in Gloucester and has other training programs. They have a shelter for women and children, as well as a parenting program.

Ms. Jordan stated that Project Bread is undertaking a child hunger initiative and that they fund several food pantries in Salem and the North Shore. The Initiative was started as a way to prevent hunger throughout the state. They have been recently focusing on summer meals programs in Salem in order to increase participation. They will also be looking at food stamps program in order to get families to sign up.

Ms. Guy stated that the newsletter is now only provided digitally and can be found on the city's website (see links below).

Salem YMCA Programs & Services

Facility: The Salem YMCA is the largest provider of child care in the City of Salem. Our programs for children don't stop there. We offer a wide variety of programming options for children ranging from fun and instructional swim lessons to winter-long youth basketball leagues to an art club for youth and teens. And we have plenty of programs and amenities to keep our 2,500 adult members happy and involved at the Salem YMCA. Our newly renovated aerobics studio, locker rooms and pool guarantee a pleasurable experience for every visit. With two pools we have enough water to meet the needs of all ages and interests from swim lessons to lap swimming to water aerobics to our swim team.

CCLC Program: The Teen Center program offers Academic Support/Enrichment, Wellness Offerings, as well as Recreation and Physical Education, including:

- Homework assistance
- MCAS remediation
- Life skills classes
- Tutoring/Mentoring
- Basketball
- Kickboxing
- Hip-Hop
- First-Aid/CPR
- Self-Defense
- Swimming
- Weight Training
- GED for siblings/parents
- ESL classes

North Shore Children's Museum: Terrific for kids of all ages to create, learn and explore. Kids can:

- Learn about local marine life at the tidepool.
- Be the star of stage and screen.
- Experiment in the science center.
- Be creative in our craft area.
- Drive the Fire Truck. Be the Postman
- Hands-on learning and fun will spark your imagination.
- Specialized exhibits will rotate in the museum to provide fun and learning for all!

Powerwalk: Get outside and enjoy the sights and sounds of Salem, all while getting fit! We'll take a fast and fun powerwalk through the Witch City's beautiful downtown streets and around historic Salem Common. A great way to keep in shape for the summer! Powerwalk meets Tuesdays at 11:00am with Bil Legault and Thursdays at 1:00pm with Conor Brown. This program is **free** to members!

Visit [Salem YMCA](#) to learn about Aquatics, Arts & Humanities, Summer Camp, Child Care, Gymnastics, Health & Wellness and Sports & Recreation and all our other activities ... or call 978-744-0351.

Project Bread's Massachusetts Child Hunger Initiative

Project Bread's Massachusetts Child Hunger Initiative is working with community leaders to increase the number of children who receive a free meal during the summer as a part of the U.S. Department of Agriculture's Summer Food Service Program (SFSP) in Salem.

Project Bread is pleased to announce the availability of funding to help expand the number of children receiving free meals through the SFSP in order to ensure children in Salem return to school in the fall ready to learn.

Project Bread's Summer Food Service Program Incentive Grants are available to:

- Agencies that are becoming a SFSP sponsor or site for the first time;
- Existing sponsors and sites adding a second meal to a SFSP site(s);
- New and existing sponsors who are planning to improve the nutritional content of the meals served by following Project Bread's Better Summer Meals guidelines.
- No funding will be granted for the expansion of the number of children eating at sites that have existed in the past.

Please contact Christina Jordan for more information about the guidelines for eligibility for this grant and to receive a grant application at 617-239-2539 or at Christina_Jordan@projectbread.org.

Free MediClerk Training Program

The MediClerk Program is a 13-week training program for entry-level medical clerical jobs provided 3 times per year. The next session starts March 12, 2007. Applicants must meet eligibility requirements, have a high school diploma or GED, pass a criminal record check and have basic computer skills. The program is sponsored by the Wellspring House, Inc., in partnership with North Shore Medical Center, the City of Salem, the City of Lynn and the U.S. Dept. of Housing & Urban Development. For information, please call 978-354-2499 or 978-354-2128.

Anchor to Windward Moves to Salem

Anchor to Windward, a program of social networking and recreation for adolescents and adults with social and developmental difficulties, has moved their office and clubhouse to Salem at 600 Loring Avenue. In addition, they have introduced two new programs - The ATW Social Network Program, which is an after school enrichment program, and an ATW Social Club, providing recreational activities and social interaction. For more information, call 978-740-0013 or visit [Anchor to Windward](#).

Meetings, Etc.

Thursday, March 8, 2007 - Salem HOPE Spring Meeting - Boys & Girls Club, Hawthorne Blvd., Salem

Thursday, June 14, 2007 - Salem HOPE Summer Meeting - Morgan Memorial Goodwill Industries

Thursday, September 13, 2007 - Salem HOPE Fall Meeting - Seeking host agency

www.salem.com has [links to social service agencies](#) as well as information on [housing programs](#).

Salem H.O.P.E. is a networking group of human service agencies that serve Salem residents. It is a free forum for agencies to learn about the services being provided by other agencies in order to fill in gaps, coordinate efforts and avoid the duplication of services. All human service agency representatives are welcome to attend the quarterly breakfast meetings held at rotating locations.

We need your announcements, notices and articles for this newsletter. Share your resources; advertise a job opening; seek out agencies to collaborate on a grant application; announce new programs; publicize your events, etc. Please e-mail your submissions or requests to be added to the newsletter e-mail distribution list to jguy@salem.com. Newsletter printed four times per year.

*The Salem H.O.P.E. Newsletter is prepared and distributed by the
Department of Planning & Community Development of the City of Salem, Kimberley Driscoll, Mayor.*

The Food Pantry calendar below has been provided courtesy of Catholic Charities. Rev. 1/27/06

FOOD PANTRIES FOR SALEM RESIDENTS

	Haven from Hunger 71 Wallis St Peabody 978/531-1530	Salvation Army 93 North St Salem 978/744-5181	The Food Shoppe/St. Joseph's Pantry Immaculate Conception Church 15 Hawthorne Blvd Salem 978/744-2532 www.stjosephsfoodpantry.com	Salem Mission 56 Margin St Salem 978/744-0500	First Universalist Church 211 Bridge St Salem 978/744-3224
MONDAY	10 am – 2 pm	9:30 am – 11:30 am			
TUESDAY	10 am – 2 pm		3 pm – 7 pm		
WEDNESDAY		9:30 am – 11:30 am		1:30 pm – 5 pm	
THURSDAY	10 am – 2 pm		3 pm – 7 pm		
FRIDAY	10 am – 2 pm	9:30 am – 11:30 am			
SATURDAY				9 am – 12 noon	<i>Only last Saturday of the month</i> 9:30 am – 11 am
<i>Frequency</i>	1 x week for Peabody residents 2 x month for all others	1 x month	1 x month or emergencies	1 x week	1 x month
<i>Identification</i>	Copies of birth certificates for dependents	IDs for family and proof of residence	ID	ID, SS# for family members	Photo ID and proof of residence
<i>Area Served</i>	North Shore Cities (Does Not Serve Lynn)	Salem residents only	Salem residents only *Delivery available for disabled people in Salem & Peabody	Salem and surrounding towns	Salem residents only

DAILY MEALS

No ID Required ~ Serve All Towns

SALEM MISSION
56 Margin St - Salem
978/744-0500

Breakfast: Monday – Sunday, 7 am
Lunch: Tues, Wed, Fri, Sat, Sun, 12:30 pm
Dinner: Monday – Sunday, 6:30 pm

SALVATION ARMY
93 North St - Salem
978/744-5181

Lunch: Monday and Thursday
12 pm – 12:30 pm

HAVEN FROM HUNGER
71 Wallis St - Peabody
978/531-1530

Dinner: Mon, Tues, Thurs, Fri
5 pm – 6 pm

MY BROTHER'S TABLE
98 Willow St - Lynn
781/595-3224

Dinner: Mon – Fri, 5:30 pm – 7 pm
Sat & Sun, 2:30 pm – 4:15 pm

OTHER FOOD SOURCES:

CATHOLIC CHARITIES

280 Washington St – Salem
978/740-6923 ~ *Must Call in Advance*
Food Store Gift Certificate (Voucher)
1 time every 3 months and up to 3 times a year
Mon – Thurs, 9:30 am – 12 pm ~ Hours subject to change

FOOD SOURCE HOTLINE

1-800-645-8333
Provide: Food Stamp eligibility, referrals for Food Stamps and info on low-cost food programs

W.I.C. (Women, Infants & Children)

1-800-942-1001 or 978/744-2662
Food assistance for pregnant women or families with children under the age of 5

DISPENSAS PARA COMIDA PARA RESIDENTES DE SALEM

	Haven from Hunger 71 Wallis St Peabody 978/531-1530	Salvation Army 93 North St Salem 978/744-5181	The Food Shoppe/St. Joseph's Pantry Iglesia de Immaculate Conception 15 Hawthorne Blvd Salem 978/744-2532 www.stjosephsfoodpantry.com	Salem Mission 56 Margin St Salem 978/744-0500	Iglesia de First Universalist 211 Bridge St Salem 978/744-3224
LUNES	10 am – 2 pm	9:30 am – 11:30 am			
MARTES	10 am – 2 pm		3 pm – 7 pm		
MIERCOLES		9:30 am – 11:30 am		1:30 pm – 5 pm	
JUEVES	10 am – 2 pm		3 pm – 7 pm		
VIERNES	10 am – 2 pm	9:30 am – 11:30 am			
SABADO				9 am – 12 noon	<i>Solamente el ultimo sábado del mes</i> 9:30 am – 11 am
<i>Frecuencia</i>	1 x semana por residentes de Peabody 2 x mes por los demas	1 x mes	1 x mes o emergencias	1 x semana	1 x mes
<i>Identificación</i>	Copias de certificados de nacimiento de todos los dependientes	IDs para la familia y prueba de residencia en Salem	Identificación	ID, números de Seguridad Social de la familia	ID con foto y prueba de residencia en Salem
<i>Áreas que Sirven</i>	Ciudades de la Costa Norte (No Sirven a Lynn)	Residentes de Salem solamente	Residentes de Salem solamente *Hay un programa de entrega a casa para personas incapacitadas en Salem & Peabody	Salem y ciudades alrededor	Residentes de Salem solamente

COMIDAS DIARIAS

No Requiere ID ~ Sirven a Todos

SALEM MISSION

56 Margin St - Salem
978/744-0500

Desayuno: lunes – domingo, 7 am

Almuerzo: mart, miér, viern, sáb, dom, 12:30 pm

Cena: lunes - domingo, 6:30 pm

SALVATION ARMY

93 North St - Salem
978/744-5181

Almuerzo: lunes y jueves

12 pm – 12:30 pm

HAVEN FROM HUNGER

71 Wallis St - Peabody
978/531-1530

Cena: lunes, martes, jueves, viernes

5 pm – 6 pm

MY BROTHER'S TABLE

98 Willow St - Lynn
781/595-3224

Cena: lunes- viernes, 5:30 pm – 7 pm

sáb & dom, 2:30 pm – 4:15 pm

OTRAS FUENTES DE COMIDA:

CATHOLIC CHARITIES

280 Washington St – Salem

978/740-6923 ~ *Hay que llamar por teléfono antes de llegar*

Certificado de Comida (Voucher)

1 vez cada 3 meses y hasta 3 veces por año

lunes - jueves, 9:30 am – 12 pm ~ el horario cambia

FOOD SOURCE HOTLINE

1-800-645-8333

Proveen: Información para Estampillas para Comida, referencias a otros programas y información sobre comida a bajo costo

W.I.C. (Mujeres, Infantes & Niños)

1-800-942-1001 o al 978/744-2662

Asistencia con comida para mujeres embarazadas, lactantes, o familias con niños menores de 5 años

Catholic Charities, 1/25/07