

Salem Park, Recreation and Community Services

June 2016

Salem Witches Baseball Clinic

The baseball staff at Salem High will be conducting a clinic for all softball and baseball players ages 6-14. Tuesday, June 28– Friday, July 1st 8am–12 pm Palmer Cove \$60.00 per person Players should bring a glove and hat. Register at salemrec.com



Try out one of our new Park and Recreation Programs.

Tai Chi for Adults

Wednesdays, June 15th– July 20th

6-7pm

Salem Community Center

\$45 for the

6 week

session, or

\$8.00 drop

in fee.



Join the Salem Council on Aging for a Garden Tour and Picnic Lunch at the beautiful, seaside gardens of the House of Seven Gables.

Monday, June 20th 10:15am-1:00pm

\$5.00 Per person for lunch

Registration required.

Please see Rosanna to reserve a spot.



Members of the COA Book Club toured the Lowell Mills

There is still time to sign up for the Forest River Adventure Program
A 7 week day program for children ages 6-12.
Daily hours are 8-4
Visit salemrec.com

To thank you for your loyal support and participation, The Salem Council on Aging is pleased to announce that June is **FREE** fitness month! Come and join us for any COA fitness or wellness class as our guest Try Something new! Bring a friend! Have fun!



Spring Tennis Lessons

Youth Lesson ages 6-14:

Tuesdays, June 7th–29th 5:00-6:00 pm

Adult Lessons: Tuesdays,

June 7th–29th

6:00-7:00pm

Salem Willows

Tennis Courts

\$40.00 per person

Register at salemrec.com



Kids Paddle Program

Coast to Coast Paddle will be offering lessons for young paddlers of all levels.

Ages: 7 -12

Time: Monday–Thursday 9am-12pm

Location: Salem Willows beach

5 Sessions to choose from. The first *Fiesta Carnival Party* at the COA



Local artists joined us at "Painting by the Sea", which was held on Saturday, May 21st on the back lawn of the Gables

Thursday, June 30th 4-7 pm

\$8.00 per person

Dancing, food, raffles

See Rosanna for tickets



WORKOUT IN THE WATER

The Salem Council on Aging is pleased to be partnering with the Salem YMCA to offer Aqua Aerobics.

Thursdays 9:15-10 am

June 2nd–September 29th

This class is free!

Open to all fitness levels.

COA transportation is available.

See Rosanna for registration



For a listing of all summer programs, please visit salemrec.com



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